

Islandbridge

A practical EirStay guide to eating, everyday essentials and getting around.

Checked 18 September 2026 · Always confirm before you go

MAKE YOURSELF AT HOME

Settle in first.

Once you've dropped your bags, take a walk and get to know the neighbourhood. Find a spot for coffee, pick up a few things for breakfast and see what's nearby. This guide will help you choose where to eat and what to do during your stay, whether you have a full day to explore or just a couple of hours. Leave a little time for whatever catches your eye along the way.

FOOD & COFFEE

Good places to start

Availability and hours can change. The links below go directly to each operator; use Directions for a route.

01 Food

28 PARKGATE STREET,
DUBLIN 8

Ryan's Parkgate Street (F.X. Buckley)

A Victorian pub, restaurant
and grill room near Phoenix
Park.

OFFICIAL DETAILS

[DIRECTIONS](#) · [MAPS](#) [SEARCH](#)

ROYAL HOSPITAL
KILMAINHAM, DUBLIN 8,
D08 FW31

IMMA Café

The café at IMMA, useful
alongside a museum visit;
check current service
information.

OFFICIAL DETAILS

[DIRECTIONS](#) · [MAPS](#) [SEARCH](#)

NEARBY · PARKGATE
STREET
30-32 PARKGATE STREET,
DUBLIN 8, D08 W6X3

Nancy Hands

A traditional Irish bar and
restaurant near Heuston
and the Phoenix Park gate,
with table reservations and
a food menu. It is a practical
Parkgate Street choice for
lunch or dinner close to
Islandbridge.

CURRENT DETAILS

[DIRECTIONS](#) · [MAPS](#) [SEARCH](#)

NEARBY · PARKGATE
STREET
ASHLING HOTEL, 10-13
PARKGATE STREET, DUBLIN
8, D08 P38N

Chesterfields Brasserie

The Ashling Hotel's brasserie
is useful for a substantial
breakfast or pre-arranged
group meal near Heuston. It
is a hotel dining room rather
than an Islandbridge
neighbourhood café, so
check current dining
arrangements first.

CURRENT DETAILS

[DIRECTIONS](#) · [MAPS](#) [SEARCH](#)

NEARBY · PARKGATE
STREET
ASHLING HOTEL, 10-13
PARKGATE STREET, DUBLIN
8, D08 P38N

Iveagh Bistro & Bar

A hotel bistro and bar
serving brunch, lunch,
dinner and drinks near
Heuston Station. It is
convenient when train times
shape the day, and the hotel
can store diners' bags while
they eat.

CURRENT DETAILS

[DIRECTIONS](#) · [MAPS](#) [SEARCH](#)

NEARBY · KILMAINHAM
360 SOUTH CIRCULAR
ROAD, KILMAINHAM,
DUBLIN 8

La Dolce Vita

A family-run Italian
restaurant in adjoining
Kilmainham for fresh pasta,
homemade pizza and a
relaxed sit-down dinner. It
broadens nearby dining
choices without
misrepresenting Parkgate
Street or Smithfield as
Islandbridge.

CURRENT DETAILS

[DIRECTIONS](#) · [MAPS](#) [SEARCH](#)

VISITORS CENTRE,
ASHTOWN CASTLE, PHOENIX
PARK, DUBLIN 8, D08
EY09

Phoenix Park Café

A café at the Phoenix Park
Visitors Centre by Ashtown
Castle.

OFFICIAL DETAILS

[DIRECTIONS](#) · [MAPS](#) [SEARCH](#)

CHESTERFIELD AVENUE,
PHOENIX PARK, DUBLIN

Phoenix Park Tea Rooms

Victorian tea rooms with
coffee and food service.

OFFICIAL DETAILS

[DIRECTIONS](#) · [MAPS](#) [SEARCH](#)

LOCAL · CLANCY QUAY,
ISLANDBRIDGE
CAMDEN BLOCK, CLANCY
QUAY, ISLANDBRIDGE,
DUBLIN 8, D08 WTX9

3fe Clancy Quay

A specialist coffee shop
inside Clancy Quay selling
coffee, treats and beans or
coffee gifts. It is the
strongest genuinely local
café addition for
Islandbridge and works well
before a riverside or Phoenix
Park outing.

CURRENT DETAILS

[DIRECTIONS](#) · [MAPS](#) [SEARCH](#)

NEARBY · KILMAINHAM
SQUARE
UNIT 2, BUILDING 1, OLD
CHOCOLATE FACTORY,
KILMAINHAM SQUARE,
INCHICORE ROAD, DUBLIN
8, D08 Y447

Loaf Café Kilmainham

A social-enterprise café
opposite Kilmainham Gaol
serving breakfast, lunch,
coffee and baked treats. It is
across toward Kilmainham
rather than on the
Islandbridge riverfront, but
useful for a museum-day
breakfast.

CURRENT DETAILS

[DIRECTIONS](#) · [MAPS](#) [SEARCH](#)

WELLNESS & FITNESS

Move at your own pace

Paid facilities are not included in your stay. Check
membership, visitor access, fees and class availability

directly.

GOLDENBRIDGE INDUSTRIAL ESTATE, TYRCONNELL ROAD, INCHICORE, DUBLIN 8, D08 E6V6

FLYEfit Inchicore

A nearby gym with heated/yoga studio facilities; check membership and visitor access.

OFFICIAL DETAILS

[DIRECTIONS](#)•[MAPS](#) [SEARCH](#)

NEARBY · HEUSTON SOUTH QUARTER UNIT 9, SANCTON WOOD BUILDING, HEUSTON SOUTH QUARTER, ST JOHN'S ROAD WEST, KILMAINHAM, DUBLIN 8

Anytime Fitness Kilmainham

A commercial gym in Heuston South Quarter with cardio and strength equipment and a book-a-visit route. Guests should check trial or membership access with the club rather than assume walk-in entry.

CURRENT DETAILS

[DIRECTIONS](#)•[MAPS](#) [SEARCH](#)

NEARBY · KILMAINHAM HILTON DUBLIN KILMAINHAM, SOUTH CIRCULAR ROAD, KILMAINHAM, DUBLIN 8, D08 XAK3

LivingWell Health Club Dublin Kilmainham

A hotel health club with gym and pool facilities across towards Kilmainham. It is a useful nearby swimming option; ask the club about current day access, tours or membership arrangements before travelling.

CURRENT DETAILS

[DIRECTIONS](#)•[MAPS](#) [SEARCH](#)

NEARBY · PHOENIX PARK MAIN GATE MAIN GATE, CHESTERFIELD AVENUE, PHOENIX PARK, DUBLIN 8, D08 DF88

Phoenix Park Bikes

A dedicated bicycle-hire operator just inside Phoenix Park's main gate, with bikes suited to different ages and group outings. Hiring here is a practical way to cover more of the park without bringing equipment.

CURRENT DETAILS

[DIRECTIONS](#)•[MAPS](#) [SEARCH](#)

NEARBY · STONEYBATTER, DUBLIN 7 32 NORTH BRUNSWICK STREET, STONEYBATTER, DUBLIN 7

The elbowroom

A long-running yoga and Pilates centre in adjoining Stoneybatter with scheduled classes and training. It is a nearby north-of-the-river option, not an Islandbridge studio, so check the timetable and booking terms first.

CURRENT DETAILS

[DIRECTIONS](#)•[MAPS](#) [SEARCH](#)

THINGS TO DO

See the area

Book ahead where an operator requests it. Use
Directions to orient yourself from the apartment.

ISLANDBRIDGE, DUBLIN 8,
D08 T20W

Irish National War Memorial Gardens

Memorial gardens with
official Heritage Ireland
visitor information.

OFFICIAL DETAILS

[DIRECTIONS](#)•[MAPS](#) [SEARCH](#)

PHOENIX PARK, DUBLIN 8

Phoenix Park

A large public park with
official information on
sights, access and notices.

OFFICIAL DETAILS

[DIRECTIONS](#)•[MAPS](#) [SEARCH](#)

NEARBY • PHOENIX PARK
PHOENIX PARK, DUBLIN 8,
D08 AC98

Dublin Zoo

A major family outing inside
Phoenix Park with official
planning information for
tickets, accessibility and
getting there. Its scale
makes it better treated as a
substantial half-day visit
than a quick park detour.

CURRENT DETAILS

[DIRECTIONS](#)•[MAPS](#) [SEARCH](#)

FURTHER WITHIN PHOENIX
PARK • ASHTOWN
PHOENIX PARK, DUBLIN 8,
D08 Y304

Phoenix Park Visitor Centre, Ashtown Castle and Biodiversity Centre

A useful orientation point for
the park, combining an
exhibition on its history with
Ashtown Castle and
biodiversity displays. It is
deeper inside Phoenix Park,
so check notices because
short-notice closures can
occur.

CURRENT DETAILS

[DIRECTIONS](#)•[MAPS](#) [SEARCH](#)

FURTHER WITHIN PHOENIX
PARK • FARMLEIGH
FARMLEIGH, PHOENIX
PARK, DUBLIN 15

Farmleigh House and Gardens

A 78-acre state estate at the
western side of Phoenix
Park, with guided house
visits, ornamental gardens,
lakeside walks and an on-
site restaurant. It is a farther
park excursion rather than
an Islandbridge doorstep
attraction.

CURRENT DETAILS

[DIRECTIONS](#)•[MAPS](#) [SEARCH](#)

NEARBY • ROYAL HOSPITAL
KILMAINHAM
ROYAL HOSPITAL
KILMAINHAM, DUBLIN 8,
D08 FW31

Irish Museum of Modern Art

Ireland's contemporary-art
museum occupies the Royal
Hospital and 48 acres of
grounds, gardens and
meadows. From Islandbridge
it is a worthwhile nearby
Kilmainham outing, with
galleries, shop and café in
one campus.

CURRENT DETAILS

[DIRECTIONS](#)•[MAPS](#) [SEARCH](#)

NEARBY · COLLINS
BARRACKS, DUBLIN 7
COLLINS BARRACKS,
BENBURB STREET, DUBLIN
7, D07 XKV4

National Museum of Ireland – Decorative Arts & History

A large national collection in historic Collins Barracks covering decorative arts, military history, costume and everyday life. It lies east of Parkgate Street in Dublin 7, before Smithfield, and makes a strong rainy-day outing.

CURRENT DETAILS

[DIRECTIONS](#) · [MAPS](#) [SEARCH](#)

NEARBY · PHOENIX PARK
MAGAZINE FORT, PHOENIX
PARK, DUBLIN 8

Magazine Fort

A restored military landmark in Phoenix Park with strong links to the 1916 Rising. Access is by guided visit rather than a casual drop-in, so check current official arrangements before setting out.

CURRENT DETAILS

[DIRECTIONS](#) · [MAPS](#) [SEARCH](#)

AFTER-HOURS, AT YOUR PACE

Nightlife

Check each venue's official page for current opening information, booking or entry requirements before setting out. A listing is not a promise of a table, walk-in access or a particular service.

03 Bars & pubs

NEARBY · PARKGATE STREET / PHOENIX PARK EDGE
28 PARKGATE STREET, DUBLIN 8

Ryan's Parkgate Street (F.X. Buckley)

A restored Victorian public house near Phoenix Park, with a traditional bar setting, food, wine list and cocktails.

OFFICIAL DETAILS

[DIRECTIONS](#) · [MAPS](#) [SEARCH](#)

FURTHER AFIELD · RIALTO, DUBLIN 8
536-538 SOUTH CIRCULAR ROAD, RIALTO, DUBLIN 8, D08 W6A2

The Circular

A multi-room neighbourhood bar with a day café, pizza kitchen and reservable bar spaces.

OFFICIAL DETAILS

[DIRECTIONS](#) · [MAPS](#) [SEARCH](#)

NEARBY · EMMET ROAD, INCHICORE
207A EMMET ROAD, INCHICORE, DUBLIN 8, D08 PN20

The Black Lion

A long-established Inchicore pub serving food and showing sport, suited to a casual neighbourhood evening west of Islandbridge. It is clearly an adjoining-area option rather than a Parkgate Street or city-centre recommendation.

CURRENT DETAILS

[DIRECTIONS](#) · [MAPS](#) [SEARCH](#)

04 Wine spots

FURTHER AFIELD · THE LIBERTIES, DUBLIN 8
74 FRANCIS STREET, THE LIBERTIES, DUBLIN, D08 KA43

Notions Natural Wine Bar & Restaurant

A natural-wine bar and restaurant with seasonal plates; present it as a further-afield Dublin 8 choice, not an Islandbridge venue.

OFFICIAL DETAILS

[DIRECTIONS](#) · [MAPS](#) [SEARCH](#)

PLAN THE WAY BACK

Check the current route before you go

Use the official planner from your exact apartment address or Eircode, and check live options before leaving. Do not assume the last connection or nearest stop.

EVERYDAY

Groceries

Use Directions and check the linked branch for current opening hours and services.

38-41 TYRCONNELL PLACE,
INCHICORE, DUBLIN, D08
TXV4

Tesco Inchicore Express

A Tesco Express branch for everyday groceries and household basics.

OFFICIAL DETAILS

[DIRECTIONS](#) · [MAPS](#) [SEARCH](#)

NEARBY · PARKGATE
STREET
37 PARKGATE STREET,
DUBLIN 8, D08 PY74

Sheehan's Londis Parkgate Street

A convenience supermarket on Parkgate Street for drinks, snacks, breakfast basics and small grocery top-ups. It is the most directly useful food shop on the Phoenix Park and Heuston side of Islandbridge.

CURRENT DETAILS

[DIRECTIONS](#) · [MAPS](#) [SEARCH](#)

NEARBY · HEUSTON SOUTH
QUARTER
UNIT 9, HEUSTON SOUTH
QUARTER, MILITARY ROAD,
KILMAINHAM, DUBLIN 8

SuperValu Heuston South Quarter

A larger supermarket in Heuston South Quarter for a proper grocery shop, household supplies and ingredients for self-catering. It sits across towards Kilmainham rather than directly on the Islandbridge riverfront.

CURRENT DETAILS

[DIRECTIONS](#) · [MAPS](#) [SEARCH](#)

NEARBY • KILMAINHAM
SQUARE
KILMAINHAM SQUARE,
INCHICORE ROAD, DUBLIN
8

Dublin Food Co-op

A community-owned grocery shop focused on fresh, local and sustainably sourced food. It is a useful nearby Kilmainham option for speciality produce and pantry goods when guests are already visiting the gaol or IMMA.

CURRENT DETAILS

[DIRECTIONS](#) • [MAPS](#) [SEARCH](#)

TRAVEL WITHOUT GUESSWORK

Getting around

Start with the exact apartment address or Eircode from your booking, not an assumed nearest stop.

USE THE EIRCODE IN YOUR
BOOKING DETAILS

Plan from your exact apartment

Enter your apartment address or Eircode in the official planner, then check the current stops, routes and live departures for the time you travel. Do not rely on a generic neighbourhood pin.

OFFICIAL DETAILS

DUBLIN TRAM NETWORK

Luas tram

Luas is Dublin's tram. Check the official map, service updates and the stop that suits your exact apartment and destination.

OFFICIAL DETAILS

COASTAL RAIL AND
NATIONAL RAIL

DART and Irish Rail

The DART is the coastal rail service. Use Irish Rail for current DART and rail timetables, stations and service notices.

OFFICIAL DETAILS

AIRPORT TRAVEL

Airport coach

Check current Aircoach routes, stops and fares for your exact departure point; routes and stops can change.

OFFICIAL DETAILS

USEFUL, JUST IN CASE

First-time essentials

Simple checks for plugs, phone charging, medicines and emergencies.

IRELAND · TYPE G

First-time electricity basics

Ireland uses Type G: three rectangular-pin blades, 230 V and 50 Hz. A plug adaptor changes pin shape only; it does not convert voltage or frequency.

OFFICIAL DETAILS

MATCH THE ITEM TO THE PROBLEM

Adapter, charger or cable?

An adapter changes plug shape. A charger is the power brick. A USB-C or Lightning cable is the lead: choose the connector that matches your phone. Prefer charger input marked 100–240 V~ (50/60 Hz); do not use a 110/120 V-only device on Irish mains without suitable conversion.

OFFICIAL DETAILS

UNIT 13–15 JERVIS SHOPPING CENTRE, DUBLIN, D01 E7W2

Currys Jervis · adapters, chargers and cables

West Dublin guests: Currys Jervis is a city-centre trip; Currys Liffey Valley and Harvey Norman Fonthill are further-afield alternatives only. Check collection or stock before travelling. Currys officially lists travel adapters, phone chargers and USB cables/adaptors; use the three category links below. A category or collection page does not guarantee branch shelf stock, so check online collection/stock or phone before making a special trip.

[ADAPTERS CATEGORY](#)

[CHARGERS CATEGORY](#)

[USB CABLES CATEGORY](#)
OFFICIAL DETAILS

[DIRECTIONS·MAPS SEARCH](#)

ISLANDBRIDGE, DUBLIN

Pharmacy finder

Find a pharmacy around Islandbridge; this is a search, not a claimed branch. Check the pharmacist and opening hours directly before you go.

OFFICIAL DETAILS

[DIRECTIONS·MAPS SEARCH](#)

IRELAND

Emergency services

In an emergency call 112 or 999.

OFFICIAL DETAILS

NEARBY · ELLIS QUAY, DUBLIN 7
13 ELLIS QUAY, DUBLIN 7

Blackhall Pharmacy

A named community pharmacy east of Parkgate Street, across the river at Ellis Quay. It is useful for prescriptions and pharmacist advice when heading towards the city, but is not presented as an Islandbridge shop.

CURRENT DETAILS

[DIRECTIONS·MAPS SEARCH](#)

NEARBY · GRATTAN
CRESCENT, INCHICORE
13 GRATTAN CRESCENT,
INCHICORE, DUBLIN 8,
D08 VKK2

Grattan Pharmacy

A regulator-listed community pharmacy in adjoining Inchicore, providing an alternative when errands lead west rather than towards the city. Contact the pharmacy directly for current prescription or over-the-counter service details.

CURRENT DETAILS

[DIRECTIONS](#) · [MAPS](#) [SEARCH](#)

NEARBY · HEUSTON SOUTH
QUARTER
UNIT 5, DARGAN
BUILDING, HEUSTON SOUTH
QUARTER, DUBLIN 8, D08
X43H

Heuston Launderette and Dry Cleaners

A dedicated laundry and dry-cleaning business offering wash, dry and fold services as well as garment care. It is the key nearby practical service for longer stays, bulky loads or clothes needing professional cleaning.

CURRENT DETAILS

[DIRECTIONS](#) · [MAPS](#) [SEARCH](#)

NEARBY · SOUTH CIRCULAR
ROAD, KILMAINHAM
625/627 SOUTH CIRCULAR
ROAD, KILMAINHAM,
DUBLIN 8, D08 E685

Kilmainham Post Office

A full An Post counter across towards Kilmainham for stamps, registered mail, parcel returns and label printing. It is more dependable for postal errands than assuming a Parkgate Street convenience shop provides every service.

CURRENT DETAILS

[DIRECTIONS](#) · [MAPS](#) [SEARCH](#)

Your EirStay neighbourhood guide

Checked 18 September 2026 against linked venue, operator and public-body sources. Confirm current details before you go.

[Back to EirStay](#)[Download the PDF guide](#)